

Child & Adolescent Mental Health Services



Child Guidance Clinic
Joseph R Saliba
MD FRCPsych

Child & Adolescent Mental Health Services

- Child Guidance Clinic
- Young People's Unit
- Hospital Consultation Liaison Service
- School Psychology Service Interface Meeting

Multidisciplinary Team

- Psychiatrists
- Paediatrician
- Psychologists
- Social Workers
- Nurses
- Teachers
- Occupational Therapist

Mental Health Problems

- Conduct disorders
 - Socialised (delinquency)
 - Unsocialised
 - ADD, ADHD & HCD
- Emotional & mood disorders
- Mixed conduct & emotional disorders
- Neuroses (anxiety, phobias, obsessions)
- Emergent personality disorders
- Psychotic disorder (Schizophrenia)
- Pervasive developmental disorder (autism)

Commonly Associated Problems

- Global learning retardation
- Specific learning difficulties:
 - Speech & language
 - Reading retardation
- Psychosocial problems:
 - Local subculture
 - Family
 - School environment

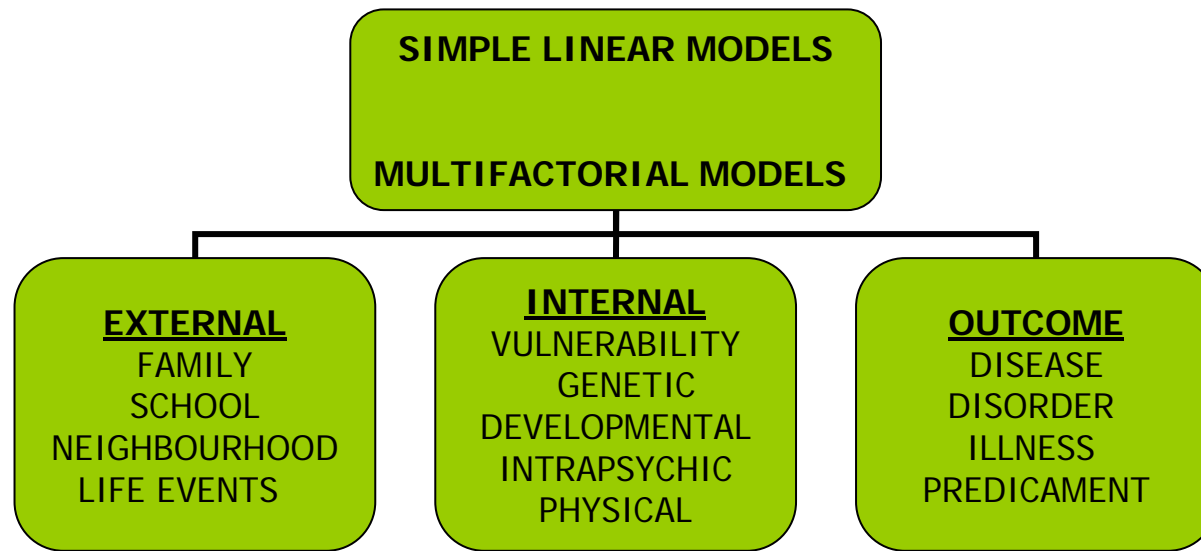
Models of Psychiatric Disorder

Disease

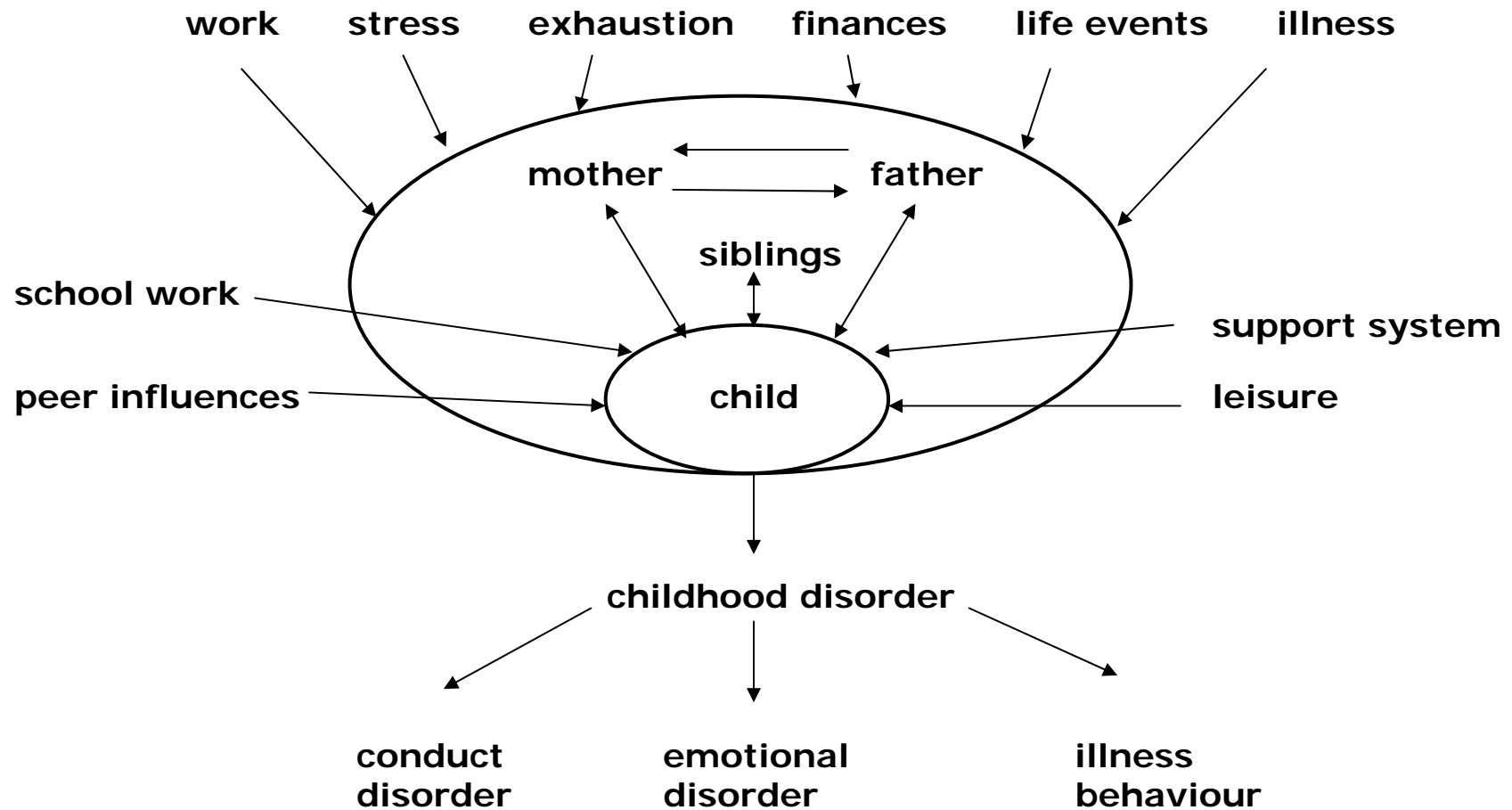
Illness

Disorder

Predicament



Circular Causality & Systemic Theories



Child Guidance Clinic



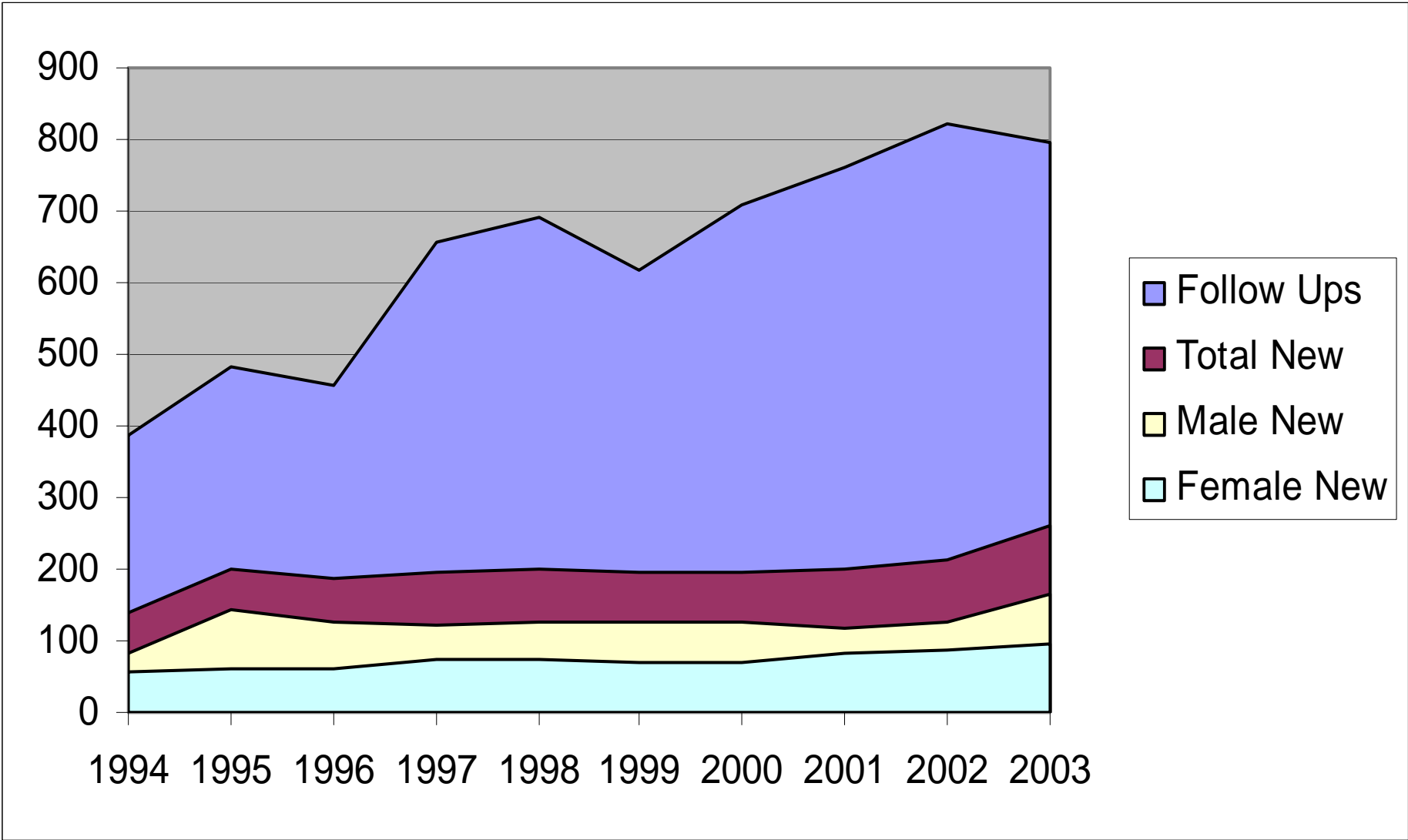
Child Guidance Clinic

- Hospital medical service
- Referral gate keeping
 - Family doctors
 - Paediatricians & other specialists
 - CDAU
 - School psychology services
 - Child care & protection agencies
- Screening assessment
- Multidisciplinary discussion
- Intervention plan

Interventions

- Further assessment and liaison
 - Psychometric
 - Psychosocial
 - Educational
- Counselling & psychotherapy
 - Parental
 - Child/adolescent
 - Family (Appogg)
 - Behavioural
- Medication

Child Guidance Clinic Cases Seen 1994 - 2003



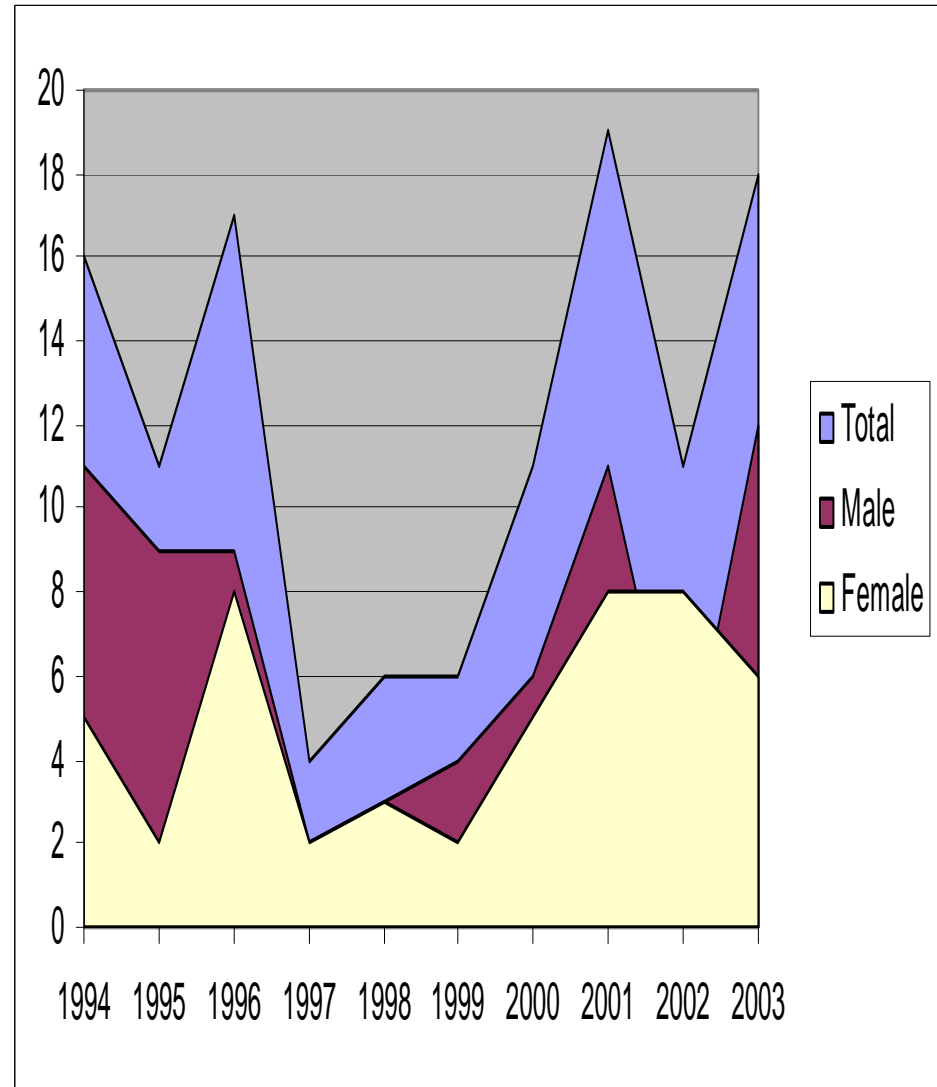
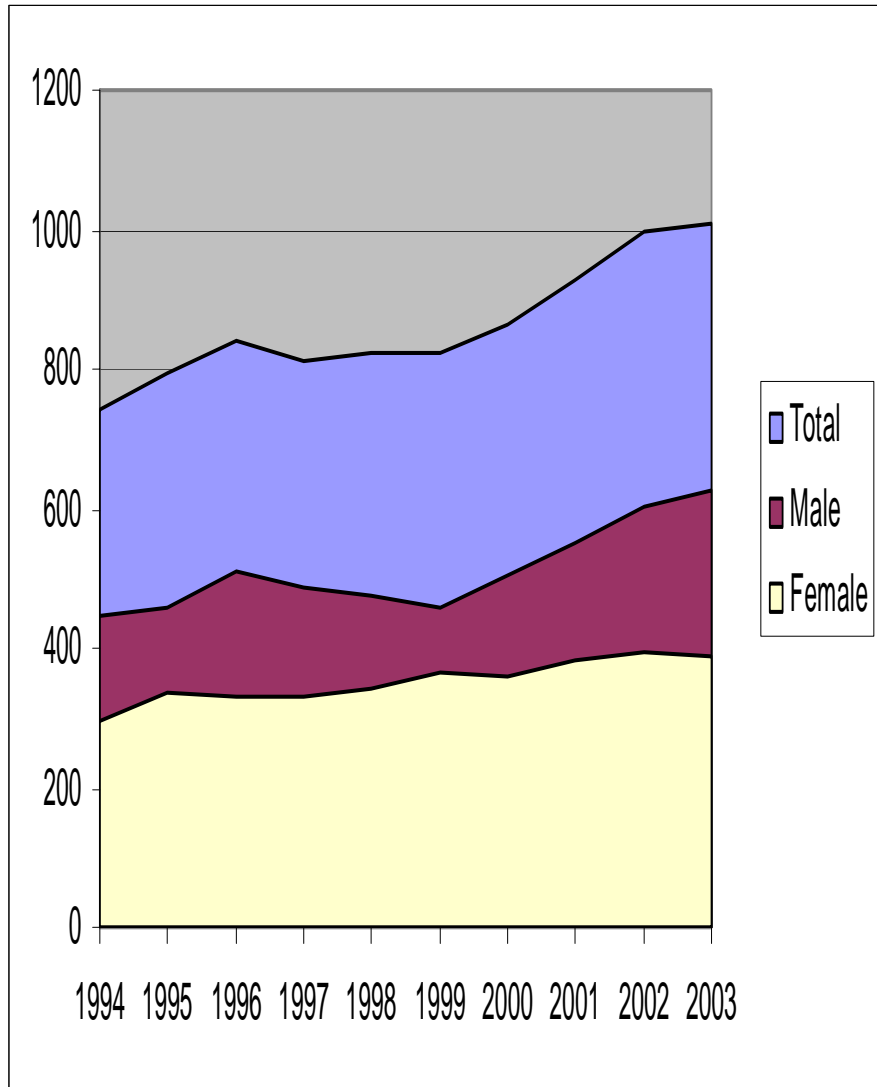
Young People Unit Admissions

- ❑ Severe behavioural (& emotional) problems
- ❑ Need for specialised residential intervention
- ❑ Need to establish desired behaviour in a controlled environment
- ❑ Severely dysfunctional families
 - Youngster completely beyond parental control
 - Parents severely triangulated
 - Parents totally exhausted
- ❑ Need for effective limit setting
- ❑ Need to break vicious circles of behaviour
- ❑ Possibility of achieving useful improvement

Admissions to Mount Carmel Hospital & Young People's Unit (1994-2003)

MCH

YPU



Young People's Unit

- ❑ Mixed gender “total” environment
- ❑ Eight beds
- ❑ Time out room
- ❑ Classroom
- ❑ OT activity room & garden area
- ❑ Restricted visiting
- ❑ Week end outings
- ❑ Week end & extended leave
- ❑ Review & Case conference system
- ❑ Case management plan